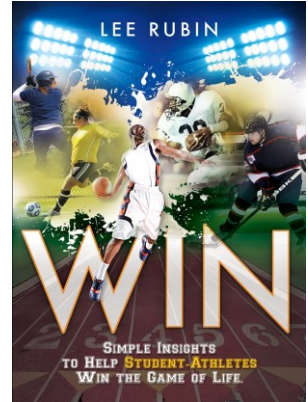


5 Components of Extraordinary Teams

You know that it takes more than individual talent to build a great team. Lee Rubin can help you help you reinforce that message by sharing the components of great teams with your student-athletes. Lee draws from his personal experience as a former student-athlete and his professional expertise to share insights, best practices, and step-by-step instructions to equip your team with the tools to do the things that great teams do.

After Lee's presentation, your team will understand the importance of **communication** among team members. They will be more inclined to make personal sacrifices in order to build team **chemistry**. They will also approach practice differently to develop the necessary **consistency** to be a part of a championship team.



About Lee Rubin:



Lee is an emerging voice. His unique ability to understand and articulate winning principles with tremendous clarity and practical application makes him a highly sought after speaker and teacher. Lee is the author of WIN: Simple Insights to Help Student-Athletes Win the Game of Life. This book is a powerful collection of anecdotes, lessons, and inspiring quotes that helps readers shift to new levels of thinking - helping them do what it takes to win!

He holds a Bachelors Degree in Speech Communications, with a minor in Business from Penn State University. Lee received a full athletic scholarship to play football for the Nittany Lions. Lee emerged as a three-year starting free safety, and was a **team captain**.

Testimonial:

"Recently, Lee spoke to our football team for two straight nights.

Drawing on his experience as a student-athlete, leader, corporate professional and family man, Lee was able to convey his stories and communicate the underlying message so that it is not only crystal clear but relatable to each and every player. Our players were hooked from beginning to end and the impact was immediate and obvious.

Lee exceeded my expectations by reinforcing the core values that we preach to our players every day. Any team will be a better team after hearing Lee's messages."

Coach Andy Talley

Head Football Coach, Villanova University

Program Format:

This program is designed to last **45 minutes** – including Q&A. It is ideal for pre-season camp, during bye weeks, or prior to big games. This message is appropriate for **all sports**.

For more information, contact **Lee Rubin** at lee.rubin@leerubinspeaks.com or (732) 685-3708. Visit Lee's website at www.leerubinspeaks.com.